

Interschool Challenge

Sunday 18 June 2017

Times:

- **Junior Golden Mile:** 09:30am at Gosport and Fareham Inshore Rescue (GAFIRS)
- **5k Fun Run:** 10:45am near Bayside Cabin Cafe

The Gosport Golden Mile should appeal to sprinters of all ages, sizes and abilities. Test yourself against the best on this pancake flat point to point one mile course. If you have enough energy why not "do the double" and take part in the Gosport Golden Mile and the 5k run that follows. The 5k race is a fast, relatively flat, out and back, mixed terrain dash. The course takes you along the scenic Stokes Bay promenade, out to and around Gilkicker Fort and returning to finish at the same start point near to the GGM Race Village.

(Stokes Bay Road, Gosport, Hampshire, PO12 2QT (Race Villaae close to Bayside Cabin Cafe)

- Entrants **must** be aged **4 to 16 years on race day** and a registered pupil at a UK school.
- Held under UK Athletics Rules. UKA Licenced.
- Chip timed mile event
- Cash prizes for Golden Mile
- Prizes for 5k Fun Run
- Commemorative medal for all finishers
- Prize for course record

ENTRY FEES	Advance Entry
Interschool Challenge	£5

- Entry Limit 500.
- Closing date for postal entries is: **Friday 9th June 2017**. Store Entries close **Saturday, 10th June 2017**
- Online entries at www.nice-work.org.uk closing date is **Midnight, 17th June 2017**
- Entries available on the day, subject to race limit not being reached.
- Cheques payable to: **Absolute Running GGM**
- Race numbers and timing chips will be sent out approximately two weeks before race day.
- Enquiries / more information: **07445 203 925**
- Please send completed entry forms along with your cheque and a large SAE to:

**Interschool Challenge
C/- Absolute Running
55-57 Stoke Road
GOSPORT Hants PO12 1LS**



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www.gosportgoldenmile.uk

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Entry Form – Sunday, 18th June 2017

Event (please see information sheet for entry fees)

Amount £

Interschool Challenge

SURNAME: _____

FORENAME: _____

GENDER: _____

D.O.B: _____

AGE ON RACE DAY: _____

ADDRESS: _____

_____ **POST CODE :** _____

PHONE: _____

E-MAIL: _____

SCHOOL: _____

I confirm that I am physically fit enough to complete the course(s) and I will inform organisers of any pre-existing relevant health conditions. I accept that I take part in the event at my own risk and that the organisers cannot be held responsible or liable for any personal accident or injury or loss or damage to personal effects that may arise as a result of my entering and participating in the event. I declare that I will be 11 years or older on race day for the 5k. A parent or guardian must accept this declaration if the runner is under 18. I will also obey all marshals and organiser's instructions. I have read and accepted the event terms and conditions (if under 18 years parent/guardian to sign).

SIGNATURE: _____

DATE: _____



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